

HEALTHY DOG TREATS



INGREDIENTS

1. 3 c whole wheat flour
2. 2 c quick-cook oats
3. 1 c peanut butter (smooth or chunky, your choice!)
4. 1 c unsweetened organic applesauce
5. 1 t baking powder
6. 1/4-1/2 cup olive oil or coconut oil, optional

INSTRUCTIONS

1. Preheat oven to 350 degrees and cover 2 baking sheets with parchment paper.
2. In a mixing bowl, combine all ingredients well.
3. Knead dough on a lightly floured surface. If the dough is too loose and crumbly, you can add a 1/4-1/2 cup olive oil or coconut oil at this point.
4. Use a rolling pin to roll the dough to about 1/4 inch thick and then cut into shapes with cookie cutters. If you don't want to use cookie cutters, simply make small dough balls.
5. Place cookies on baking sheet, approximately 1/2 inch apart.
6. Bake in preheated oven for approximately 25 minutes or until lightly browned.
7. Let cool and then serve.

NOTES

1. Store uneaten cookies in an airtight container in the fridge for up to one week.