

Mermaid Body Scrub

Supplies Needed

- Sugar
- Coconut Oil, melted
- Mica Cosmetic Colorant or food coloring
- Cosmetic Grade Glitter (optional)
- Fragrance Oil in Your Desired Scent.
- Wilton Edible Gold Stars (optional)
- Sea Shell for the top of your scrub
- Bowls and spoons

NOTE: The amount of each ingredient necessary will depend on how much sugar scrub you would like to make. For an 8 oz. batch of sugar scrub, use 1 cup of sugar and 1/2 cup of coconut oil.

Step 1: Divide sugar into 3 bowls and add approx. 1/8 tsp. of mica colorant or food coloring to each bowl. Stir until well mixed and blended. *Note: the color will be lighter during this step than the final result! You want a light pastel color at this point, so do not over color!*

If you wish to add cosmetic-grade glitter or shimmer powder to the scrub, mix it in at this point. A little goes a long way!

Step 2: Add melted coconut oil to the sugar in an approximate 2:1 sugar to oil ratio. If you prefer a more liquid consistency for your scrub, add more coconut oil a little bit at a time until the desired consistency is reached.

Step 3: Add fragrance oil (approx. 5-10 drops) and mix well.

Step 4: Layer the different colors of scrub into your jar and finish with another sprinkle of glitter, a few decorative gold star sprinkles on top AND a seashell! – SO fun and cute!

*I hot glued my shell to the lid+ added some twine too.