

# NORTH SHORE PUBLIC LIBRARY



BI-MONTHLY CALENDARS ARE AVAILABLE IN THE LIBRARY FOR PICKUP

September / October 2026

## THE GREAT GIVE BACK DONATION DRIVE

THE  
GREAT  
GIVE  
BACK

**Children** - In collaboration with Long Island Lending a Helping Hand, we will be collecting toiletry items for local families in need from **October 1-31**. Drop off any donations to the Children's Department.

Join us on October 17, 10 am – 4 pm for our **Birthday Smiles Tote Bag** program. Please see page 3 for more information.

**Young Adult** - From September through October we will be collecting handmade cards for veterans under the care of Good Shepherd Hospice in Port Jefferson. Please see page 4 for more details!

## SPICE OF THE MONTH

Join us for our Spice of the Month Club! Starting on the first of the month, come by the Library to pick up a packet of recipes with information on the spice and a sample of the spice to use yourself (while supplies last).

**September - Maldon Salt**  
**October - White Pepper**



## ART EXHIBITION

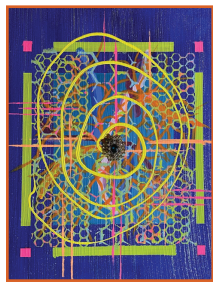
### Christopher W. Murphy: "Improvisations"

Christopher W. Murphy is a multi-disciplinary artist. This exhibit is a retrospective of his artistic journey with dynamic work ranging from contemplative to bold. His artwork transforms physical spaces as well as the personal experiences of the viewer.



### Artist Reception:

**Saturday, September 12, 1:30 – 3:00 PM**  
The Friends of the Library invite you to enjoy refreshments and meet Christopher W. Murphy.



### In the Display Case:

Poetry & Images, small works by Terri Dion.

LOBBY PICKUP AVAILABLE UPON REQUEST

## SCARECROW FESTIVAL AND FAMILY PORTRAIT SESSIONS

Registration begins 9/1. NSPL cardholders only.

### Family Portrait Sessions

Saturday, September 19, 9:30 AM – 1:00 PM

**Registration is required – call 631-929-4488 to register beginning 9/1, NSPL cardholders only!** Free portraits of individuals, couples, or groups (**up to six**) will be taken. **Babies and toddlers have to be held.** Portrait sessions will be inside the Library. A link to access your portraits will be emailed to you. **15-minute appointment time will be chosen at registration.**

### Scarecrow Festival, All Ages up to

Grade 5 with a parent/caregiver

Saturday, September 19, 11:30 AM **OR** 2:00 PM

Work together as a family to build a child-sized scarecrow!

**Please bring child-sized clothing with you.** We will supply the rest! **Registration begins 9/1.**



## CONCERT

Registration is suggested.  
Please include email.

### "Story Through Music: From Great Romantics to American Favorites"

Sunday, October 18, 2:00 – 3:00 PM

Concert Pianist Olga Vinokur returns with this recital of pieces by Chopin, Liszt, Rachmaninoff, and Gershwin, among others.

**LIVE!**



## DATES TO REMEMBER!

- The Library will open on Sundays beginning October 18.
- Monday, 9/7 – Closed (Holiday)
- Monday, 10/12 – Closed (Holiday)

# CHILDREN'S PROGRAMS

Use our  
Self-Checkout located  
conveniently in the  
Children's Room to  
checkout items!

**Registration is required for all programs, unless otherwise noted.** Registration for September programs begins Tuesday, September 1 at 9:30 AM. Registration for October programs begins Thursday, October 1 at 9:30 AM. You can register online, in-person, or by phone. **Online registration is recommended. Both your library card barcode & password are required to register online!** Child's age/grade **MUST** be entered in the **note field in order to confirm registration.** **Children in Grades Kindergarten and up must be registered with their own North Shore Public Library card.** Each library card only reserves one spot per program and programs are for children with NSPL cards only. **\*\* For more information and full descriptions of any of the following programs, please go to our website!**

## 1000 Books Before Kindergarten

We encourage all parents of preschool children to join this exciting reading incentive! Stop by the Children's Department to sign up and get your first bookmark to help you keep track of what you read together. Complete each bookmark and earn a book to add to your own collection. Learn more online at: <https://northshorepubliclibrary.org/1000-books-before-kindergarten/>  
**Congratulations to these awesome readers!**



Hazel Russo



Jack Pescitelli



Juliette Surace

## BOOKMARK CONTEST WINNERS:

LEVI FLORES, PRE-K, 4 YEARS  
STELLA DICARLUCCIO, GRADE 2  
MAGGIE BANKS, GRADE 5



**WE HAD OVER 430 KIDS TAKE PART IN OUR ANNUAL SUMMER READING CLUB 2026! THE SCHOOL WITH THE MOST PARTICIPANTS WHO COMPLETED THE ENTIRE GAME BOARD WAS JOSEPH A. EDGAR SCHOOL.**

## 500 Books Before Middle School

**Keep on reading!** Join our exciting new incentive for children in Grades K-5! From Kindergarten through fifth grade, kids will set a goal to read 500 books before beginning middle school. Stop by the Children's Department to sign up and get your tracking log and lanyard. Earn a brag tag to add to your lanyard for every 50 books you read. Special prizes will be given out when you hit 250 and 500 books read. Learn more online at: <https://northshorepubliclibrary.org/500-books-before-middle-school/>



**Congratulations to this amazing reader for being the very first to complete this challenge...Anna Rosini!**

## SEPTEMBER REGISTRATION BEGINS 9/1 AT 9:30 AM

**REGISTRATION IS REQUIRED - Children in Kindergarten and up attend programs independently unless otherwise noted and must be registered using their own North Shore Public Library card.** Programs are listed by age/grade level and then date.

**\*\* Late Arrival Guidelines: A grace period of 10 minutes will be given to patrons attending a program. Admittance after this time is at the discretion of the library staff or programmer.**

### Scarecrow Festival,

All Ages up to Grade 5 with an adult  
Saturday, September 19, 11:30 AM **OR** 2:00 PM  
Work together as a family to build a child-sized scarecrow! **Please bring child-sized clothing with you.** We will supply the rest! Families can also take part in a family portrait session. **Separate registration is required, see front page for details.**

### Popcorn & Pajamas,

Ages 4 years- Entering Grade 5 with an adult  
Monday, September 21, 3:00 – 4:30 PM  
Join us for a special afternoon at the movies! Wear your coziest pajamas and bring your blankets as we watch *How to Train your Dragon* (2010) on our big screen. Families will enjoy popcorn and juice, and create a fun craft.

### Sprouts & Friends, Ages Birth –

Pre-K, 4 years with an adult  
Wednesday, September 9, 11:15 AM – 12:00 PM **OR** 1:15 – 2:00 PM  
Join us for a music and movement program where families will have fun playing, learning, and growing together. Come ready to move and sing!

### Baby Start, Ages Birth-12 months

with an adult  
Saturday, September 12, 10:15 – 10:45 AM

### Sensory Play, Ages Birth-12 months

with an adult  
Thursday, September 17, 10:15 – 11:00 AM

### Rock & Read, Ages 13-35

months with an adult  
Saturday, September 12, 11:00 – 11:45 AM  
A hand clapping, knee slapping, rocking time using rhythm, rhyme and repetition.



### Little Movers and Makers,

Ages 15-35 months with an adult  
Tuesday, September 15, 1:00 – 1:45 PM  
Children will enjoy music that will get them moving and grooving, then make a craft.

### Tots Night Out,

Ages 18 months-Pre-K, 4 years with an adult  
Wednesday, September 16, 6:00 – 7:00 PM

### Construction Zone,

Ages 18 months-Pre-K, 4 years with an adult  
Thursday, September 24, 11:00 – 11:45 AM **OR** 6:00 – 6:45 PM  
Toddlers will build with our large collection of fun building blocks!



### Totally Two's Storytime,

Age 2 years with an adult  
Wednesday, September 23, 10:15 – 11:00 AM

### Family Storytime,

Ages 2 years-Grade 5 with an adult  
Tuesday, September 22, 6:00 – 6:45 PM

### Explore and Create, Pre-K,

Ages 3 & 4 years with an adult  
Tuesday, September 15, 2:00 – 2:45 PM

### PlayPalooza, Pre-K, Ages 3 & 4 years

with an adult  
Fridays, September 11, 18, 25, 1:30 – 2:30 PM  
**Register for this 3-week session!** Learn through play in this hands-on program! Families will get moving with different ways to explore and learn through multiple manipulative stations, stories, songs, and a craft.

### Board Game Drop-In,

Ages 3 years-Grade 5 with an adult  
Saturday, September 26, 2:00 – 3:30 PM  
**No registration required.** Bring your friends and family and face off playing classic board games.

### Fall Leaf Suncatcher, Grades K-2

Tuesday, September 8, 4:45 – 5:30 PM  
Create your own fall leaf mosaic to hang in your windows at home.

**LEGO Club,** Grades K-5  
Wednesday, September 16,  
6:00 – 6:45 PM  
Build your own unique design,  
or work in a group to create  
whatever you can imagine.

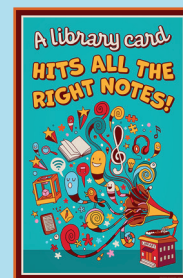
**Snacks and Stories,** Grades K-2  
Wednesday, September 30,  
4:45 – 5:30 PM  
Join us for this fun book club  
where we will listen to stories,  
take part in a book discussion,  
then create a craft while enjoying  
a snack.

**Crafting Around the World,** Grades 3-5  
Thursday, September 10, 6:00 – 6:45 PM  
Learn about different countries as we  
listen to stories, make a craft, and have  
a themed snack. Earn a brag tag for  
every country you "visit"! This month  
we will learn about Kenya.

**Scarecrow Oil Pastel,** Grades 3-5  
Wednesday, September 23,  
6:00 – 6:45 PM  
Using oil pastels, make an adorable  
scarecrow friend for Fall.

## SEPTEMBER IS LIBRARY CARD SIGN-UP MONTH!

No matter what your tastes are, a **library card** hits all the right **notes!** Check out a classic story or hit shuffle and try something new. Find harmony at your library's book clubs, movie nights, crafting classes, and author talks. A headphone kind of day? Find your focus in a study room or vibe out in a cozy nook. Compose your future with new skills in your library's makerspace or check out instruments and tools in the Library of Things. No matter what rhythm you find yourself in, there's a seat in the front row at the library for you. This September, B sharp, and sign up for a library card!



## YOUNG Artists OF THE MONTH

September: Brooke and Savannah Zilnicki  
October: Adriana and Ava Foundas

Do you have a budding young artist Ages 3 years – Grade 5? Sign them up to display their artwork in our children's department for a whole month! Call the library at 631-929-4488 for more information!

## CROCHETING!

**Hooked on Crochet Drop-In,** Grades 3-5  
Thursday, September 17, 6:00 – 7:00 PM  
Monday, October 5, 6:00 – 7:00 PM

No registration required. Visit us in the Children's Room to practice the art of crochet and ask for tips from Miss Rachel. We'll provide materials, or bring your own.



## OCTOBER REGISTRATION BEGINS 10/1 AT 9:30 AM

**Trick or Treat Scavenger Hunt** ALL AGES  
Saturday, October 24 – Saturday, October 31  
Come to the library dressed in your Halloween costume for a spooky scavenger hunt! Visit the library any time during this week to take part in this special hunt and earn a spooky prize!

**The Great Give Back** - In collaboration with Long Island Lending a Helping Hand, we will be collecting toiletry items for local families in need from **October 1-31**. Drop off any donations to the Children's Department.

**Birthday Smiles Tote Bags**  
Saturday, October 17, 10:00 AM – 4:00 PM  
Families are invited to join us in the Children's Department to decorate tote bags for the Birthday Smiles Program at LILAHH. Decorated Tote Bags will be filled with birthday supplies and given out to local families in need.

### Pumpkin Painting,

Ages 3 years-Grade 5 with an adult  
Sunday, October 18, 1:15 – 2:00 PM  
Each child must be registered individually to reserve a pumpkin. "Pick" a pumpkin and use paint to create a unique design. We'll supply the pumpkins and paint. Dress for a mess! This program will take place outside, weather permitting.



### Spooky Gingerbread Houses,

Ages 3 years-Grade 5 with an adult  
Tuesday, October 20, 6:00 – 6:45 PM  
One gingerbread house per family. Work together as a family to make a Halloween-themed gingerbread house! Houses are preassembled and ready to decorate with Halloween treats!

### Halloween Party, All Ages-Grade 5

with an adult  
Monday, October 26, 5:30 – 7:00 PM  
See the Library transform into a Halloween headquarters! Enjoy some holiday games and collect Spooktacular Treats! No registration required.

**Babies Boogie,** Ages Birth-17  
months with a parent/caregiver  
Thursday, October 15,  
10:15 – 11:00 AM

**Pajama Jam with Shake & Make Music,** Ages 6-35  
months with an adult  
Monday, October 5,  
6:00 – 6:45 PM  
Wear your pajamas and join the party!

**Stay & Play,** Ages 6-35 months  
with an adult  
Saturday, October 17,  
10:15 – 11:30 AM  
Join us in this family-friendly weekend class.

**Toddler Time,** Ages 12-35  
months with an adult  
Tuesdays, October 6, 13, & 20,  
10:15 – 11:30 AM  
Register for this 3-week session! Toddlers will enjoy interacting with other toddlers in a setting designed to encourage free play and exploration. Meet with professionals to talk about child development.

### Tots Night Out,

Ages 18 months-  
Pre-K, 4 years  
with an adult  
Thursday, October 8,  
6:00 – 7:00 PM



**Toddlers Tango,** Ages  
18 months-Pre-K, Ages 4 years  
with an adult  
Thursday, October 15,  
11:15 AM – 12:00 PM

**Family Storytime,** Ages 2  
years-Grade 5 with an adult  
Monday, October 19,  
6:00 – 6:45 PM

**Storytime,** Pre-K, Ages 3 & 4 years  
Fridays, October 2, 9, & 16,  
10:15 – 11:00 AM OR 1:15 – 2:00 PM

Register for this 3-week session!  
Join us for this class featuring stories, songs, rhymes, and more! Our storytimes foster a love of reading and promote the development of early literacy skills. Each class will end with a theme-related craft! **Children attend this storytime independently.**

**Creative Movement,** Pre-K,  
Ages 3 & 4 years with an adult  
Wednesdays, October 14, 21, & 28,  
1:30 – 2:15 PM  
Register for this 3-week session!  
Adults and children will experience the joy of movement together through dance and the use of props and an obstacle course.

### Fire Truck Party,

Ages 4-10 years  
with an adult  
Saturday, October 3,  
10:00 – 10:45 AM OR 11:00 – 11:45 AM  
Climb aboard a full-scale fire engine, practice using a fire extinguisher, and join a bucket brigade relay race. During this fire safety presentation children will also dress in firefighter gear and show their skills while competing in a firefighter obstacle course challenge.



### Fact Finders, Grades K-2

Tuesday, October 6, 4:45 – 5:30 PM  
This month, explore Natural Disasters through stories, a craft, and hands-on interactive activities.

### DIY Haunted House, Grades K-5

Thursday, October 15,  
4:45 – 5:30 PM  
Using cardboard, fabric, paint, and resin pieces, kids will design their very own spooky haunted house.



**Adventures in Keyboarding,**  
Grades K-2  
Thursday, October 22,  
4:45 – 5:30 PM

This exciting beginners' course introduces children to the piano. Children will actively engage in finding notes, rhythms and play songs as they dance and explore on the floor keyboards.

### Build Your Own Halloween Clicker,

Grades 3-5  
Wednesday, October 7,  
6:00 – 6:45 PM  
Design your own spooky Halloween-inspired fidget clicker by choosing from a variety of 3D printed parts.

**LEGO Club,** Grades K-5  
Saturday, October 24,  
11:00 – 11:45 AM

### Code Breakers: Halloween Edition,

Grades 3-5  
Wednesday, October 28,  
6:00 – 6:45 PM  
Do you have what it takes to crack the code? Find the hidden objects, figure out the clues and solve the puzzles to earn your prize and "escape the library."

### Cookies, Bookies, & Pizza, Too!,

Grades 3-5  
Thursday, October 29,  
4:45 – 5:30 PM  
Register and pick up a copy of *Upside Down Magic* by Sarah Mlynowski in the Children's Room to join in on this fun monthly book club. Kids will read the book at home, then attend the program for a booktalk, games, prizes, and PIZZA!

# YOUNG ADULT

PROGRAMS ARE FOR STUDENTS IN GRADES 6-12.  
NSPL CARDHOLDERS ONLY.

Registration (in-person, by phone, or online) for September programs begins 9/1, October programs 10/1. Both your library card barcode & password are required to register online! For more information and full descriptions of any of the following programs, please go to our website!

**\*\* Late Arrival Guidelines:** A grace period of 10 minutes will be given to patrons attending a program. Admittance after this time is at the discretion of the library staff or programmer.



Follow our YA Instagram account @nsplibraryteens for the latest news, programs, and book lists.

From 9/1 – 10/31 we will be collecting handmade cards for veterans under the care of Good Shepherd Hospice in Port Jefferson. Cards can be made at home, or stop by for one of our scheduled card making sessions listed below. **Please refer to our website for card making guidelines.** One hour will be awarded for every 5 cards donated. Visit the Adult Reference Desk to donate and fill out a form to receive community service.

THE GREAT GIVE BACK

## Card Making Sessions

Tuesday, September 15, 7:00 – 8:00 PM &  
Saturday, October 3, 3:00 – 4:00 PM

## OCTOBER

### Halloween Candy Jars

Wednesday, October 7,  
7:00 – 8:00 PM  
We will create a candy corn pot then fill it with candy for you to keep or give as a gift.

### Bubbling Cauldron Cake Pops

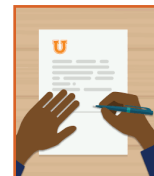
Tuesday, October 13, 7:00 – 8:00 PM  
Step into a little kitchen magic with bubbling cauldron cake pops. Teens will crumble, mix, shape, dip, and decorate spooky, bubbling tops that look like mini cauldrons.

### The Road to College

Saturday, October 17,  
12:00 – 1:00 PM  
Let Dr. Coppi help your family navigate the road to college, with all the bumps and landmarks explored along the way! **Both parents and teens are encouraged to attend.**

### The College Admissions Essay Process

Saturday,  
October 17,  
1:30 – 2:30 PM  
Dr. Coppi of Say Yes to the Ess-ay takes you through the written requirements of the college admissions process from common app essays to letters of continued interest to appeals. We'll discuss all you need to start and finish your college application essays!



### Halloween Snoopy with Art Teacher Amy

Wednesday, October 28,  
7:00 – 8:00 PM  
Come have fun drawing Snoopy and Woodstock with their Halloween baskets using watercolor and colored pencil.

## SEPTEMBER

### Record Scrapbooking

Monday, September 21,  
7:00 – 8:00 PM  
We will create a journal/scrapbook art using papers and vintage records.

### Greek Tacos

Saturday,  
September 26, 12:00 – 1:00 PM  
Chef Rob Scott will teach us how to make Greek chicken tacos with a tomato cucumber relish and feta tzatziki.



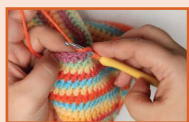
## COMMUNITY SERVICE OPPORTUNITIES



### In-Person

#### Hooked-on-Crochet

Earn one hour of community service and help run a crochet program with the Children's Department. **To volunteer, you must know how to crochet the single stitch, or sign up for a training session.** In-person or phone registration is required.  
**Training:** Tuesday, September 8, 6:00 – 7:00 PM  
**Volunteer:** Thursday, September 17, 6:00 – 7:00 PM  
**Volunteer:** Monday, October 5, 6:00 – 7:00 PM



#### Totes for Breast Cancer Patients

Monday, September 28, 7:00 – 8:00 PM  
Earn one hour of community service and create totes for breast cancer patients to help brighten their day.

#### Hanging Hay Ladders for Bunnies

Thursday, October 22, 7:00 – 8:00 PM  
Earn one hour of community service and create hanging hay ladders for bunnies waiting for their fur-ever home. We will also make bunny-themed cards for their adopters!



### At-Home

Visit the community service page on our website for guidelines, submission forms, and requirements to earn credit.

#### Teen Book Reviews - 3 Hours

Review up to two books a month from the YA Room. Submit through a Google Form on our website.

#### Kindness Rocks - 1 Hour

Create three kindness rocks to place around the community! Please see website for guidelines. Email a picture of them to mparsons@northshorepubliclibrary.org!



#### NSPL Recycling Challenge - 1 Hour

Earn an hour for every 40 items you recycle at a local supermarket/recycling facility! Photo proof of your receipt required. Submit through a JotForm on our website.



#### Community Cleanup - 2 Hours

Check out one of our kits stocked with the items you need to safely pick up litter around the community and surrounding areas, use the provided trash bag, take before & after pictures, and email them to mparsons@northshorepubliclibrary.org! Kits must be checked out on an NSPL library card.

#### Balloon Recycling - 1 Hour

Drop off all deflated balloons (latex, foil, mylar, water balloon pieces) and balloon accessories in the balloon bin in the lobby. Stop by the Adult Reference Desk to show proof of recycling, and to fill out a form to receive community service. 1 hour will be awarded for every quart-sized Ziploc bag dropped off.



**PLEASE CHECK OUR WEBSITE FOR MORE COMMUNITY SERVICE OPPORTUNITIES**

# ADULT PROGRAMS

**\*\*Late Arrival Guidelines: A grace period of 10 minutes will be given to patrons attending a program. Admittance after this time is at the discretion of the library staff or programmer.**

Unless otherwise noted, September in-person/phone registration begins 9/1 for NSPL cardholders, online 9/3, non-residents 9/5 only in-person/phone. October in-person/phone registration begins 10/1 for NSPL cardholders, online 10/3, non-residents 10/5 only in-person/phone. Both your library card barcode & password are required to register online! **\*\*In-person registration required for all programs with fees.**

For more information and full descriptions of any of the following programs, please go to our [Online Library Calendar](#)!

## ONGOING PROGRAMS

Register in-person/phone beginning 8/20 (online 8/22, non-residents in-person/phone 8/25) for September, and 9/21 in-person/phone (online 9/23, non-residents in-person/phone 9/25) for October. Must register for each class/monthly series.

### VIRTUAL

Provide your email when registering to receive the Zoom link.

**SEE ONLINE LIBRARY CALENDAR FOR FULL DETAILS!**

#### Virtual Breathe Together

Tuesdays, September 1, 8, 15, 22, 29, October 6, 13, 20, & 27, 10:00 – 10:20 AM 

#### Virtual Gentle Stretch

Mondays, September (no 7), 14, 21, & 28, 10:30 – 11:30 AM   
Mondays, October 5, (no 12), 19, & 26, 10:30 – 11:30 AM

#### Virtual Mat Pilates

Mondays, September 21, 28, October (no 5), 12, 19, & 26, 10:00 – 11:00 AM   
Have your yoga mat!  
Open to ALL levels.

### IN-PERSON

Please register for each session date!

#### Knittin' Time

Saturdays, September 12 & October 3, 10:00 AM – 12:00 PM

#### Creative Writing

Saturdays, September 12 & October 10, 2:00 – 4:00 PM

#### Stitch and Quilt

Thursdays, September 24 & October 22, 6:30 – 8:00 PM  
Bring a project or make a simple project we have on hand. Bring your sewing machine or use ours. Advice and tips on projects provided.



## OFF-SITE PROGRAMS

When registering, provide your email address so we may send you directions and parking information.

**CHECK LIBRARY CALENDAR FOR MORE DETAILS**

### William Floyd Estate Photo Walk & History Talk (America250)

Friday, September 18, 9:45 AM – 12:30 PM

Address: 245 Park Dr, Mastic Beach, NY 11951

Photographer Miranda Gatewood will lead a guided photo walk, sharing practical tips and techniques to help you capture better images. Bring your DSLR camera or smartphone to photograph the estate's scenic grounds. Includes a ranger-led tour (10:00 AM) of the historic Old Mastic House, offering a fascinating look at the estate that served as the Floyd family's home for more than 250 years. Please provide your email address when registering to receive program FAQs. Meet in William Floyd Estate parking lot at 9:45 AM. Normal registration rules/dates apply.

### Language Learning: Beginner Italian and Culture

Saturdays, September 19, 26, October 3, & 10, 10:30 AM – 12:00 PM

Discover or continue the basic elements of Italian Language and Culture! Join us in a step-by-step discovery of Italian conversation from basic to advanced usage, body language, and contemporary daily life with a native Italian speaker. Normal registration rules/dates apply.



## VIRTUAL SBHS HEALTH SERIES LECTURES

These programs are brought to you virtually by a collaboration with Stony Brook Southampton Hospital and East End Public Libraries.



Stony Brook  
Southampton Hospital

Normal registration rules/dates apply.

### Migraine Headaches

Thursday, September 17, 12:00 – 1:00 PM

Join Dr. Shawn Tsekhan, a board-certified neurologist with Stony Brook Southampton Hospital, as he discusses headaches—with a focus on migraines—and the latest treatment options available to help improve quality of life.

### Attention Deficit/Hyperactivity Disorder (ADHD)

Thursday, October 15, 12:00 – 1:00 PM

Adria M. Gerber, PsyD, the Director of the ADHD testing program at Stony Brook Medicine Psychiatric Associates, will discuss evidence-based treatments for individuals with ADHD and other neurodevelopmental conditions.



### Osteo Arthritis and Low Dose Radiation Treatment

Wednesday, October 21, 12:00 – 1:00 PM

Many adults with osteoarthritis don't find enough relief from medications, injections, or physical therapy. Explore the renewed interest in low-dose radiation therapy as a noninvasive treatment option. Learn how it works, what current research shows, and what to consider before pursuing this emerging approach to pain management.

# IN-PERSON PROGRAMMING

Unless otherwise noted, September in-person/phone registration begins 9/1 for NSPL cardholders, online 9/3, non-residents 9/5 only in-person/phone. October in-person/phone registration begins 10/1 for NSPL cardholders, online 10/3, non-residents 10/5 only in-person/phone. **\*\*In-person registration required for all programs with fees.**

SEE ONLINE LIBRARY CALENDAR FOR FULL DETAILS!

**\*\* Late Arrival Guidelines: A grace period of 10 minutes will be given to patrons attending a program. Admittance after this time is at the discretion of the library staff or programmer.**

## SEPTEMBER

### Yoga for Longevity

Thursdays, September 3, 10, 17, 24, October 1, 8, 10:30 – 11:45 AM

**Nonrefundable fee of \$18 (cash/check) paid at in-person registration.** This gentle and energizing yoga class helps improve flexibility, balance, strength, mobility, and mood while easing joint and muscle aches. Suitable for all levels. *Bring a yoga mat and blanket.* In-person registration begins 8/20 for NSPL cardholders, non-residents 8/25.



### Chair Yoga

Tuesdays, September 8, 15, 22, 29, & October 6, 10:30 – 11:30 AM

**Nonrefundable fee of \$15 (cash/check) paid at in-person registration.** Join us in this gentle yoga class for beginners and experienced students alike.



### Drive Electric

Monday, September 14, 6:30 – 7:30 PM

Join Drive Electric Long Island for an introduction to electric vehicles, including EV history, charging basics, incentives, and today's best values. The program will also address common myths and misconceptions, with several EVs on site for viewing and discussing with owners.

### Strength Training

Tuesdays, September 15, 22, 29, October 6, & 13, 6:30 – 7:30 PM

**Nonrefundable fee of \$15 (cash/check) paid at in-person registration.** Bring hand-held weights (your choice of two weights - 1-5 lbs.), yoga mat, and water.

### Tai Chi Flo #1

Fridays, September 18, 25, October 2, (no 9), & 16, 10:15 – 11:15 AM

### Tai Chi Flo #2

Fridays, September 18, 25, October 2, (no 9), & 16, 11:30 AM – 12:30 PM

**Nonrefundable fee of \$12 (cash/check) paid at in-person registration. You may register for one of these classes.** For beginners/intermediates.



## OCTOBER

**For the following programs, NSPL cardholders register in-person/phone 9/21, online 9/23, non-residents (in-person/phone only) 9/25.**

### Italian Genealogy

Saturday, October 3, 10:30 AM – 12:30 PM

In this workshop you will discover how to find and use US and Italian records to help find home towns in Italy. Learn how to translate records into English, find naming patterns, and more!



### Yoga for Every Body

Wednesdays, October 7, 14, 21, & 28, 10:30 – 11:45 AM

**Nonrefundable fee of \$12 (cash/check) paid at in-person registration.** Bring a yoga mat/blanket. In-person registration begins 9/21 for NSPL cardholders, non-residents 9/25.

### Sweet Sleep Aromatherapy

Thursday, October 8, 7:00 – 8:30 PM

Create a Sweet Dreams Room/Linen spray and a nighttime perfume balm as we discuss the benefits of using aromatherapy to promote sleep.



### Drawing Animal Portraits

Saturday, October 10, 10:30 AM – 12:00 PM  
Learn the "quick sketch" and other drawing techniques to draw your pet or favorite animal from a photographic reference. Bring your own photo or use one from the instructor.

### The Road to College

Saturday, October 17, 12:00 – 1:00 PM

Let Dr. Coppi help your family navigate the road to college, with all the bumps and landmarks explored along the way! **Both parents and teens are encouraged to attend.**

### The College Admissions Essay Process

Saturday, October 17, 1:30 – 2:30 PM

See page 4 for details.

### Basics of Medicare

Wednesday, October 21, 7:00 – 8:15 PM

This informational seminar will educate you on Medicare basics, important terminology, enrollment periods, plan types, and cost assistance.

### Screech Owl Nest Boxes:

**If you build one, they will come**

Thursday, October 22, 7:00 – 8:30 PM  
Kevin Walsh shares 35 years of experience building, installing, and monitoring Eastern Screech Owl nest boxes. You will learn fascinating facts about these elusive little owls and how the installation of a nest box of proper dimensions could be the start of your very own screech owl journey.



### Oktoberfest German Apple Cake

Tuesday, October 27, 7:00 – 8:30 PM  
**Nonrefundable fee of \$5 (cash/check) paid at in-person registration.**

Chef Rob demonstrates how to make this delicious cake. Bring a medium and large bowl, whisk, spatula, 9" cake pan (round or square), and three medium to large apples.



### Halloween Trivia Morning: BOO!

Saturday, October 31, 10:30 AM – 12:00 PM

Brian is back to bring Halloween fun to NSPL! Test your knowledge with spooky-themed trivia, win prizes, and enjoy friendly competition with plenty of laughs. Costumes are encouraged! **Come solo or bring a team—everyone is welcome and all trivia skill levels can join the fun.**



# VIRTUAL PROGRAMMING

zoom



Normal registration rules/dates apply unless otherwise noted.

## Culper Spy Ring: The Lasting Legacy of Long Island's Revolutionary Roots

Thursday, September 10,  
7:00 – 8:00 PM

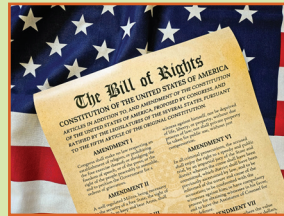
Join Kimberly Phye of the Suffolk 250 Planning Commission in exploring Long Island's pivotal role in the American Revolution. Discover the story of the Culper Spy Ring, the covert intelligence network organized by George Washington that operated across Long Island and helped shape the course of the war. Hosted by the Hampton Bays Public Library.



## Talking the Bill of Rights

Thursday, September 17  
(Constitution Day), 6:00 – 7:00 PM

Hosted by former lawyers turned librarians, Mara Zonderman and Terry Lucas, this is the final program of this series exploring the history and lasting significance of each amendment and relevance of the Bill of Rights. No legal expertise needed—just a curiosity to learn!

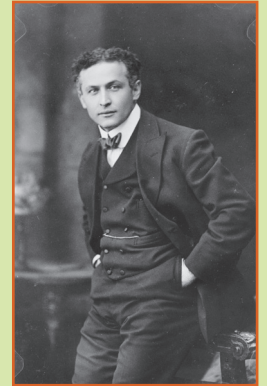


SEE ONLINE  
LIBRARY CALENDAR  
FOR FULL DETAILS!

## A Magician Among the Spirits: Houdini and the Supernatural

Wednesday, October 7,  
7:00 – 8:00 PM

Before his death, Houdini stated that should it be possible to contact the living from the other side, he would do so. The question remains as to whether or not he actually succeeded... Join Troy Taylor on the 100th anniversary month of Houdini's death to learn about this enigma's life and possible afterlife. Hosted by Southold Free Library & NSPL. **Registration for NSPL cardholders begins 9/21 in-person/phone (online 9/23, non-residents in-person/phone 9/25).**



## DEFENSIVE DRIVER CLASSES

Normal registration  
rules/dates apply.

### N.Y. State Empire Driver Safety Class

Saturday, September 19,  
10:00 – 4:00 PM

Register online, in-person, or by phone and reserve your place in the class. Bring your driver's license and \$35 to class. NO CHECKS! Acceptable payment is: cash, credit card, Venmo, or PO money order made out to Empire Safety Council.

### AARP Safe Driver Course

Tuesday, October 27 & Thursday, October 29,  
10:00 AM – 1:30 PM

**Must attend both sessions.** Designed for adults over the age of 50 years. Bring your driver's license and a check/money order for \$30 made out to AARP to the first class. No credit cards. **AARP members - bring your AARP membership card for a reduced fee of \$25.**



## Landscapes with Jon

Saturday, September 26, 10:30 AM – 12:30 PM

**Nonrefundable fee of \$8 (cash/check) paid at in-person registration.** Jon Van Brunt guides your eye while teaching brush techniques in painting the edges of Long Island depicting where land meets sea. All materials included. **In-person registration begins 9/1 for NSPL cardholders, non-residents 9/5.**



## LOOKING AHEAD...

### Honoring our Veterans with New White Tee Shirt Drive

New white tee shirts are a much-needed item at the State Veterans Home in Stony Brook. **Starting on November 1 - 30**, NSPL will be collecting donations of new white cotton tee shirts in men's sizes L - 4XL. Please bring your donations to the Circulation Desk. The tee shirts will be delivered to the LI State Vets Home in early December.



## The Friends of the Library Meetings

Wednesdays, September 2 & October 7, 10:30 AM

Join the Friends of the Library to assist with the book sales and artist receptions.

## MEDICARE COUNSELING

Tuesdays, September 8  
& October 13,  
12:30 – 2:30 PM  
Call (631) 929-4488  
ext. 224 for more info.



## DEVICE ADVICE

Wednesdays, September 2, 9, 16, 23, 30,  
October 7, 14, 21, & 28, 6:00 – 8:00 PM

NSPL Cardholders only! Please bring your device and a librarian will help you access our streaming products or assist with installing the Libby app to your device. No registration required.





250 Route 25A  
Shoreham, NY 11786-2190

### Need Special Accommodations?

Please let the Library know 48 hours in advance if you need special accommodations due to a disability.



Design & Printing: Searles Graphics, Inc.  
<http://www.searlesgraphics.com>

\*\*\*\*ECRWSS\*\*\*\*

## Postal Customer

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@nsplibraryteens



The NSPL does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services.

## MOVIES

All are welcome!  
No registration required!

Shown at 1:30 PM

**Hamilton**  
(Rated PG-13,  
161 minutes)  
Friday,  
September 25



**Five Nights at  
Freddy's 2**  
(Rated PG-13,  
104 minutes)  
Friday,  
October 30



## VIRTUAL BOOK DISCUSSIONS

zoom



**Discussion led by Erin Coughlin.**

These book discussions will be held virtually through Zoom. Books will be available for pickup at the Circulation Desk when registration begins 9/21 (October discussions). Include email when registering to receive required link.

### Usual Suspects Mystery Book Club via Zoom

Every 2nd Tuesday of the month, unless otherwise noted.

**\*\*There is no book discussion in September\*\***

**The Ghostwriter** by Julie Clark  
Tuesday, October 13, 7:00 – 8:15 PM

### Contemporary Book Discussion via Zoom

Every 3rd Wednesday of the month, unless otherwise noted.

**\*\*There is no book discussion in September\*\***

**Demon Copperhead** by Barbara Kingsolver  
Wednesday, October 21, 7:30 – 8:30 PM



The North  
Shore Public  
Library has  
partnered

with the Balloon Mission Organization to help safely dispose of balloons! Once the fun is done, pop-n-drop balloons into our convenient balloon bin to help protect our planet from balloon litter. Drop off all deflated balloons (latex, foil, mylar, water balloon pieces) and balloon accessories in the balloon bin located inside the Library.



### Afternoon Book Discussion (In-Library)

Moderated by Professor William Schiavo, these in-person monthly discussions are open to all, no registration required. A combination of classic, world literature, and occasionally pertinent non-fiction will be discussed. Copies of books will be available at the Library.

**Sound and Fury** by William Faulkner  
Thursday, September 10, 2:00 – 3:30 PM

**Madame Bovary** by Gustave Flaubert  
Thursday, October 8, 2:00 – 3:30 PM

Take advantage of all the resources NSPL has to offer that you may not even know about!

Here are just a few examples below:

### Register for a New or Replacement Library Card Online!

This feature is found under the **About Us** menu option on the website.

**Tonieboxes and Tonies** are now available to be checked out. Visit the library website for a full list of options.

**Nintendo Switch Lites** are now available for in-library use!

**From Our Webpage** Visit our website for free downloads of books, magazines, music, and movies, access to database resources for a wide range of topics and services!

**Wireless Printing** is now available at the Library!

**Library of Things** - North Shore Public Library cardholders ages 18 and up can checkout a variety of items from our collection of things. Visit the library website for the list of things, including **Children's Launchpads** loaded with children's games and activities, as well as **Chromebooks**, **Video Games**, **Vinyl Records**, **Turntables**, **Children's Games To Go**, **Family Binge Boxes**, and more!